

**High School Squash Coaching Certification Course  
January 5 & 6, 2007  
Smith College**

**with  
Tim Bacon & Gail Ramsay**

Tentative Schedule - To be confirmed

<b>Saturday</b>		
9:00	Fundamental Technique & Drills (Gail)	• Technical drills
10:30	ASEP Part 1 (Tim)	
12:30	Lunch & Video Analysis (Tim)	
1:30	Court Movement (Gail)	
2:30	ASEP Part 2 (Tim)	
4:30	"System 3" Tactical Model (Gail/Tim)	• Tactical drills
5:30	Match Play & Tactical Analysis/Coaching	
7:00	Dinner/Social	
<b>Sunday</b>		
9:00	ASEP 3 (Tim)	
11:00	On-court physical conditioning (Gail/Tim)	• Physiological drills
12:00	On-court Mental Training (Tim/Gail)	
12:30	Lunch & "High School to National Team/Pro Tour" (Gail)	
1:30	"Games Approach" Micro-Teaching & Feedback	
3:00	ASEP 4 (Tim)	
5:00	Wrap-up	
5:15	Departure	